



Poulton St Chad's Nursery



Week 1

Day	Breakfast	Morning Snack	Lunch	Afternoon Snack	Tea
Monday	Selection of Cereal, Fruit & Yoghurt Milk / Water	Selection of Fruit Milk / Water	Tagliatelle with Garlic Bread Garlic Bread Shortbread Water	Carrot & Cucumber Sticks with Dip Milk / Water	Turkey Barm cakes with Salad Frozen Strawberry Yogurt Water
Tuesday	Selection of Cereal, Fruit & Yoghurt Milk / Water	Selection of Fruit Milk / Water	Cottage Pie with Peas Watermelon with Yogurt Water	Crackers & Cheese Milk / Water	Tomato Soup with Crusty Roll Banana Bread Water
Wednesday	Selection of Cereal, Fruit & Yoghurt Milk / Water	Selection of Fruit Milk / Water	Tomato Pasta with Summer Vegetables, Banana & Flapjack Water	Rice Cakes with Apples Milk / Water	Homemade Pizza with Cucumber & Carrot Sticks Madeira Cake Water
Thursday	Selection of Cereal, Fruit & Yoghurt Milk / Water	Selection of Fruit Milk / Water	Chicken Casserole with New Potatoes and Vegetables Fruit Salad Water	Breadsticks with Dips Milk / Water	Beans on Toast Oat & Apricot Biscuit Water
Friday	Selection of Cereal, Fruit & Yoghurt Milk / Water	Selection of Fruit Milk / Water	Fish Fingers, Chips & Peas Ice-Cream Water	Banana & Yoghurt Milk / Water	Tuna & Cucumber Wrap with Sweetcorn Fairy Cake Water



Poulton St Chad's Nursery



Week 2

Day	Breakfast	Morning Snack	Lunch	Afternoon Snack	Tea
Monday	Cereal with milk / Fruit Milk / Water	Toast & Apple Slices Milk / Water	Macaroni Cheese with Salad & Garlic Bread Watermelon Water	Banana with Greek Yogurt Dip Milk / Water	Ham Sandwiches with Potato Salad Banana Cake Water
Tuesday	Cereal with milk / Fruit Milk / Water	Toast with Watermelon Milk / Water	Beef Casserole with Potatoes and Vegetables Frozen Yoghurt & Fruit Water	Carrot and Cucumber Sticks with dips Milk / Water	Beans on Toast Shortbread Water
Wednesday	Cereal with milk / Fruit Milk / Water	Toast and Bananas Milk / Water	Vegetable Curry with Rice Madeira Cake Water	Rice Cakes with Apples Milk / Water	Tuna Sandwiches Flapjacks Water
Thursday	Cereal with milk / Fruit Milk / Water	Toast and Pear Milk / Water	Sausage Casserole with New Potato and Spring Greens Shortbread Water	Breadsticks with Dips Milk / Water	Cheese Wraps with Salad Fruit Salad Water
Friday	Cereal with milk / Fruit Milk / Water	Toast and Apple Slices Milk / Water	Fish Cakes with Wedges & Salad Ice-Cream Water	Crackers with Cheese Spread and Cucumber Milk / Water	Tomato Soup with Bread Yoghurt with Fruit Water