



# Poulton St Chad's Nursery



## Sickness Exclusion Policy

This policy sets out the exclusion periods from nursery for children who are ill, including if they are infectious. Poulton St Chad's Nursery takes into consideration guidance from the Health Protection Agency with regards to exclusion periods for illness and infection control, as well as the needs of the children and the Nursery team.

| <b>Illness / Infection</b>  | <b>Exclusion Period for Children / Team</b>  |
|---|--|
| Chicken Pox / Shingles  | 5 days from onset of rash as long as spots are crusted over  |
| Cold Sores / herpes   | None   |
| Conjunctivitis  | Until cleared  |
| Diarrhoea and / or Vomiting including Rotavirus / Novovirus / Gastroenteritis | 48 hours from the last episode, if as a result of illness or infection. Also after 3 or more loose stools in a nursery session as a result of illness / infection, children are required to be sent home and may return 48 hours after the last episode) |
| Flu (Influenza)   | Until fully recovered enough to participate in Nursery activities  |
| German Measles (Rubella)*   | 6 days from onset of rash  |
| Glandular Fever   | None, however children must be well enough to participate in Nursery activities  |
| Hand, Foot and Mouth  | None however must be well enough to participate in Nursery activities. If there is an outbreak we will consider exclusion after consultation with the HPA.   |
| Head Lice   | None   |
| Impetigo  | Until lesions are crusted or healed, or 48 hours after commencing antibiotic treatment.  |
| Measles*  | 4 days from onset of rash  |
| Meningitis*   | Until recovered. We will follow the instructions of the local Health Protection Unit.  |
| Mumps*  | 5 days from onset of swollen glands  |
| Ringworm  | Until treatment has commenced  |
| Scabies   | Until treatment has commenced  |
| Scarlet Fever / Scarletina*   | 24 hours after commencing antibiotics  |
| Sapped Cheek / Fifth Disease / Parovirus                                      | None however must be well enough to participate in Nursery activities  |
| Threadworm  | None   |

\*= Notifiable Diseases

Please note this list is not exhaustive but contains the most common exclusions.

Parents should seek advice from their GP or Accident and emergency department regarding the specific symptoms of their child.



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## **Children who are ill**

It is at the Manager's discretion whether or not to allow a child into nursery if they are showing signs of illness, even if there is no exclusion period or if this is after any exclusion period has passed or if a doctor has stated that they are not infectious. The Manager will need to take into account the demeanour of the child and whether they are well enough to participate in nursery activities. The manager will also consider whether allowing a sick child into nursery would affect the team to child ratios as children who are unwell may require continual one to one attention. If a child is allowed into nursery showing signs of illness or who has recently recovered from an illness we will monitor them regularly and will contact parent / carer to ask for them to be collected if they become unwell again.

## **Illness Outbreaks**

If there is an outbreak of an illness in Nursery then the Manager will consult with the local Health Protection Unit for advice. We may decide to exclude children in order to control an outbreak even where this illness is not listed in our normal exclusion policy.

## **Infectious Illness Reporting**

If a child has an illness we would request that the parent / carer contact the Nursery as soon as possible so we can communicate this to all the team, other parents / carers as well as the Health Protection Unit and Ofsted (if it is a notifiable disease). This is particularly important in case a child has come into contact with a pregnant member of the team or parent / carer.