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## Outdoor Play

At Poulton St Chad's Nursery we believe that outdoor play is an important aspect in every child's growth and development. Our outdoor area allows children the opportunity to access and discover the whole EYFS curriculum through many exciting, stimulating and challenging experiences.

When playing outside children not only develop their physical skills but also their communication, linguistic, problem solving personal, social and emotional skills.

The outdoor learning area is enhanced by an environment that is resourced with play materials that can be adapted and used in different ways. The nursery ensures that all children have an opportunity to learn about their environment. They are able to experiment with natural resources, create a sense of wonder about the world around them, learn about looking after themselves and others and develop their gross motor skills. Therefore the children may be outside in all weathers.

### The Outdoor Environment

- Being outdoors has a positive impact on a child's sense of well-being and helps all aspects of children's development.
- Being outdoors offers opportunities for doing things in different ways and on different scales than when indoors.
- Being outdoors helps children to learn about the care for the outside environment.
- Being outdoors gives children the first hand experiences with weather, seasons and the natural world.
- Being outdoors offers children the freedom to explore, use of their senses and be physically active.

### The Outdoor Area

The outdoor area is well laid out and provides for

- Challenging and exciting play (big construction, climbing)
- Safety through fences and gates surrounding the outdoor area.
- Role and small world play
- Creative, art and design activities
- Mark Making and Writing
- Play with scooters, tricycles and cars
- Sand, water and messy play
- Exploring natural materials
- Coverage of all areas of learning.

### Planning of Outdoor Play

The provision and planning of outdoor play is just as the planning for indoor play. It will reflect the diversity and richness of the experiences and interests of the children alongside introducing new experiences and interests.



# Poulton St Chad's Nursery



## Health and Safety

- A through risk assessment will be performed and adhered to by all the staff
- Regular checks of the outdoors will be performed at set times throughout the day.
- The relevant age related adult to child ratios will be maintained at all times.
- Staff will ensure that the children are dressed appropriately for the weather at all times, including the use of suntan lotion when appropriate.
- Water will be provided outdoors
- Children will be counted in when returning indoors

This policy was adopted on	Signed on behalf of the nursery	Date for review
31/05/2019		31/05/2020

Name	Date	Signature